

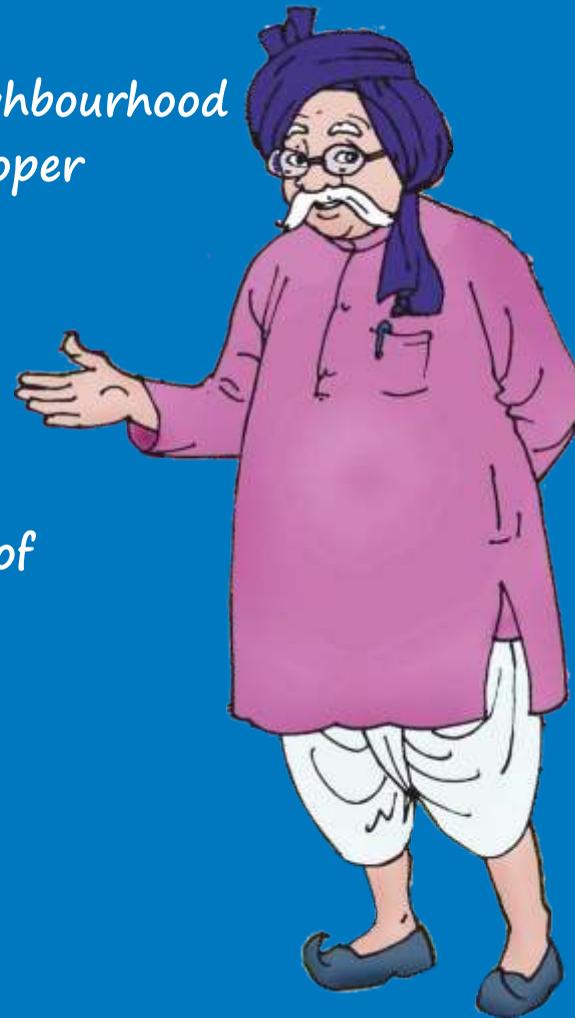
1. Do NOT forget to wash hands with soap during critical times like before eating and after defecation

2. Drink water after boiling or chlorination or filtration

3. Keep your home and neighbourhood clean and make sure the proper drainage of water

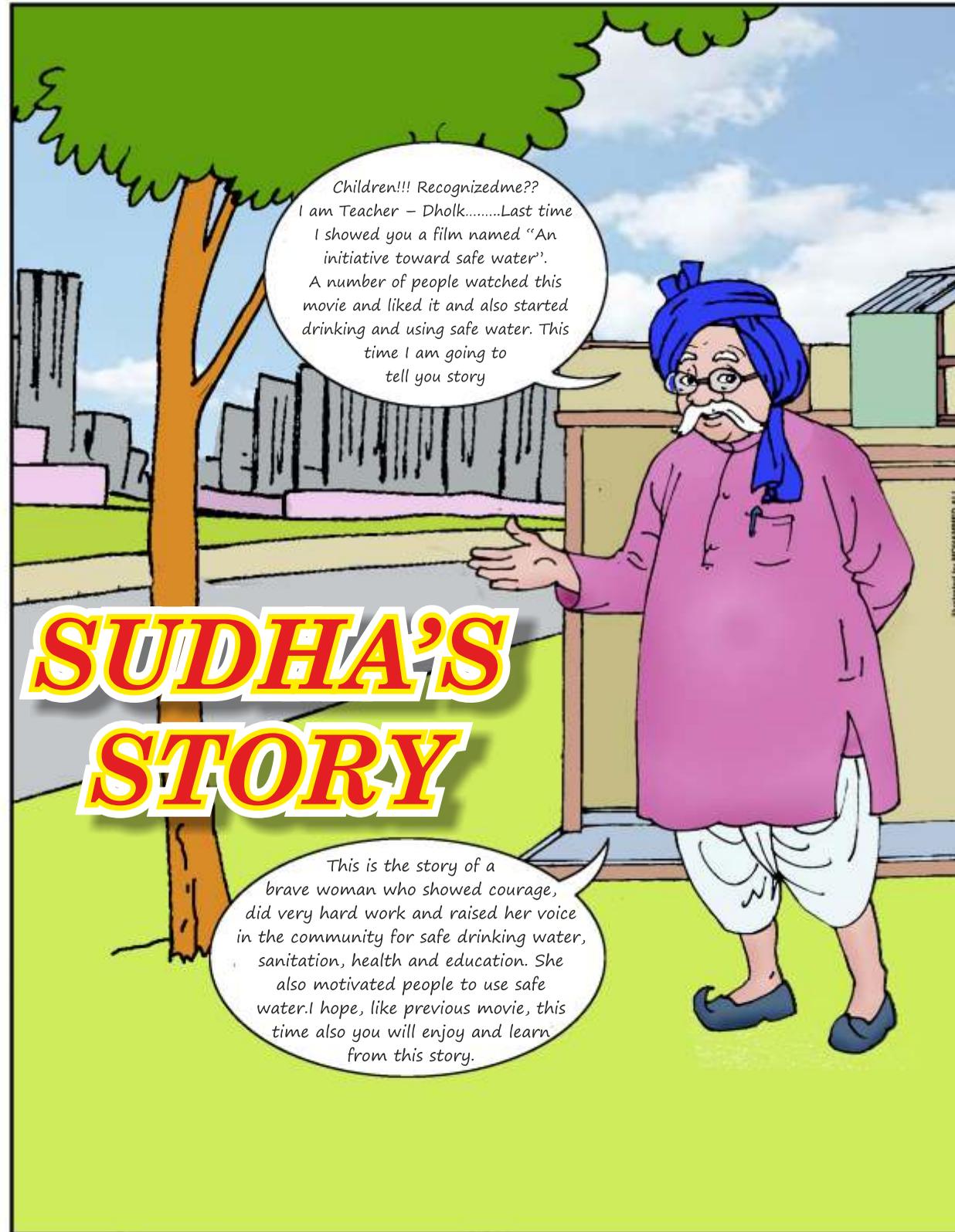
4. Do not defecate in open, use toilets

5. Ensure the participation of children and women



Drive towards SAFE WATER and SANITATION





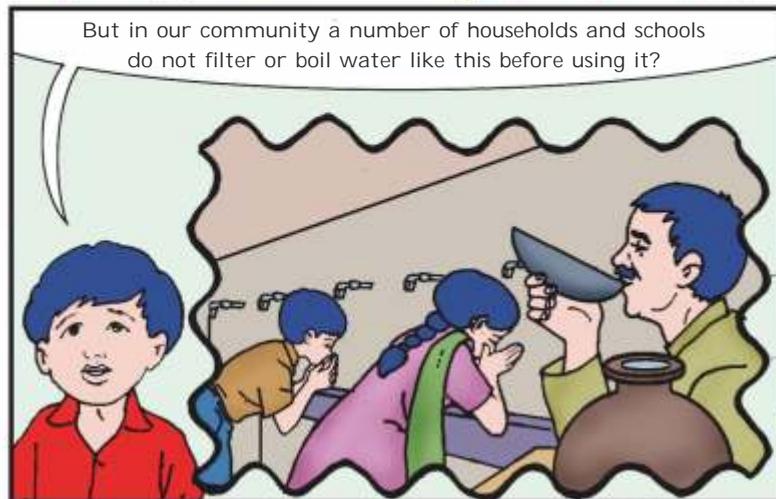
Children!!! Recognizedme??
I am Teacher – Dholk.....Last time
I showed you a film named “An
initiative toward safe water”.
A number of people watched this
movie and liked it and also started
drinking and using safe water. This
time I am going to
tell you story

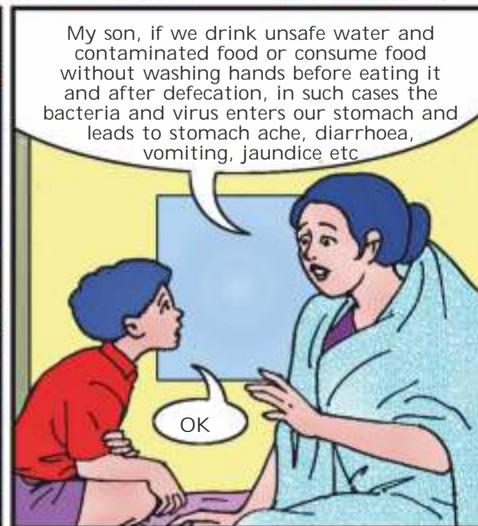
SUDHA'S STORY

This is the story of a
brave woman who showed courage,
did very hard work and raised her voice
in the community for safe drinking water,
sanitation, health and education. She
also motivated people to use safe
water. I hope, like previous movie, this
time also you will enjoy and learn
from this story.

One evening when Sudha was sewing clothes her son Sooraj entered the house. It was now an year after her husband's death .











Arey Sudha ... you are coming from where?

Uncle Pranaam coming back from work

How is your son?

He is alright

What happened Sudha? Why are you upset?

Uncle, Sooraj remains always ill.

After his father's death all the responsibilities of home, rent, medicine ration, clothes are to be taken care by me only. When I go to work, always remain concerned for Sooraj. When I take Sooraj along with me at work, my employer don't like it and scolds me

Hmmm..... What happened to Sooraj?

Vomiting, Diarrhoea... nowadays he also remains irritated

You do one thing, you give ORS to him...also give him boiled water and tell him to clean his hands before eating and after defecation

I did the same, cleaned my hands and gave ORS to Sooraj



What is ORS? Will Sooraj be alright after having this?

Firstly you do this.



After few days

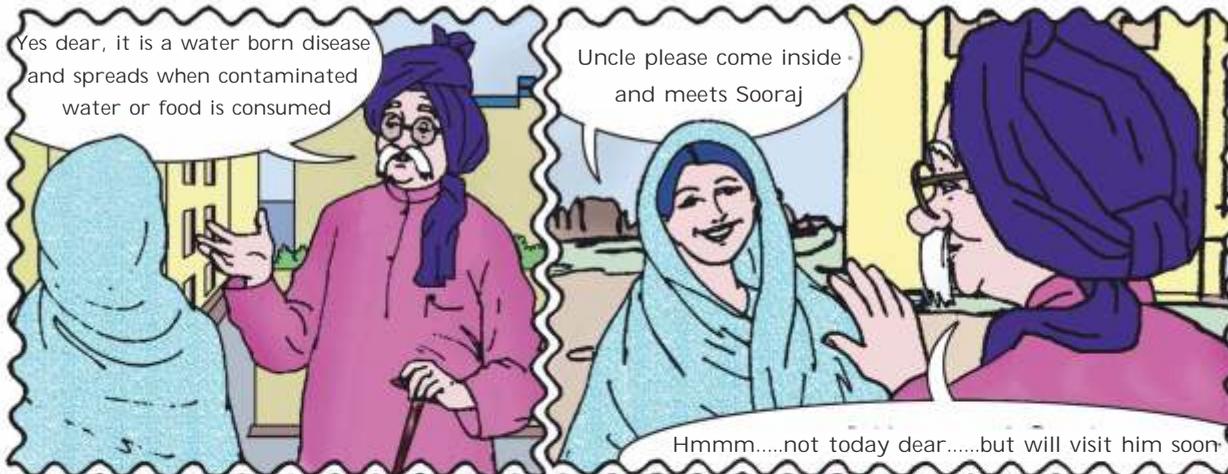
Pranam uncle.....

Hello Sudha , How is your son?

Sooraj is absolutely fine. I am very much thankful to you. I did the same thing which you suggested me last time. But tell me uncle Chacha how do you know about the treatment of Sooraj's illness

This is unfortunate that in our country this disease named diarrhoea is very common

- Diarrhoea?



Yes dear, it is a water born disease and spreads when contaminated water or food is consumed

Uncle please come inside and meets Sooraj

Hmmm.....not today dear.....but will visit him soon



After few days Dholakuncle visits Sudha and her Son

Pranam Uncle

Namastey Dholak Uncle

God bless you Sooraj

Ohh...Turang plays a lot



Uncle please have some water..... it is boiled water...after your advice... ..now we drink only boiled water

Uncle..... what were you telling me about diarrhoea that day

Yes my dear, this disease spreads in our slum colonies because in our colonies there is no proper supply of water and also lacks cleanliness.

Ohh... ..Very good



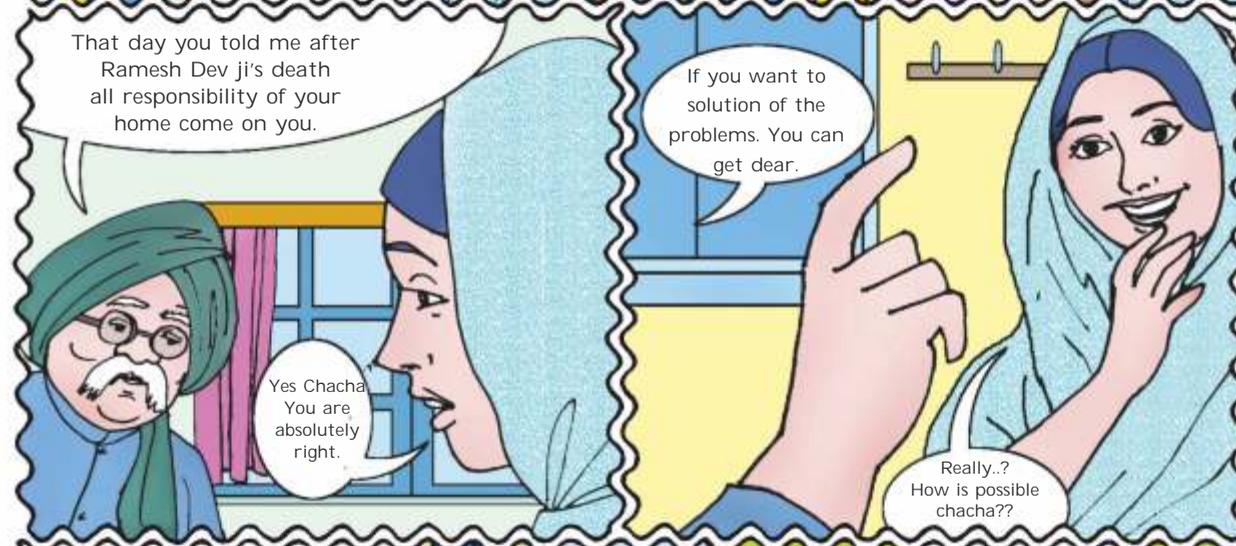
Chacha, how can we prevent this disease?

There are many ways..... But to understand it , one has to have time and will power

I want to know and understand Chacha

Don't you have work?

I have taken leave today



That day you told me after Ramesh Dev ji's death all responsibility of your home come on you.

If you want to solution of the problems. You can get dear.

Yes Chacha You are absolutely right.

Really..? How is possible chacha??



Now lets go to the organization's meeting

Ohh silly, this is what knowledge is.

But Chacha, the people from the organization tells very strange information with the help of some documents. They also gather's people.



Namsthey
Uncle...
How are you?

Namastey
Namastey
.....Do you have a
meeting today?

Yes Uncle meeting will be start soon...
...the key objective is to aware people about
safe water and techniques to clean it,
also availability of livelihood options in the
community

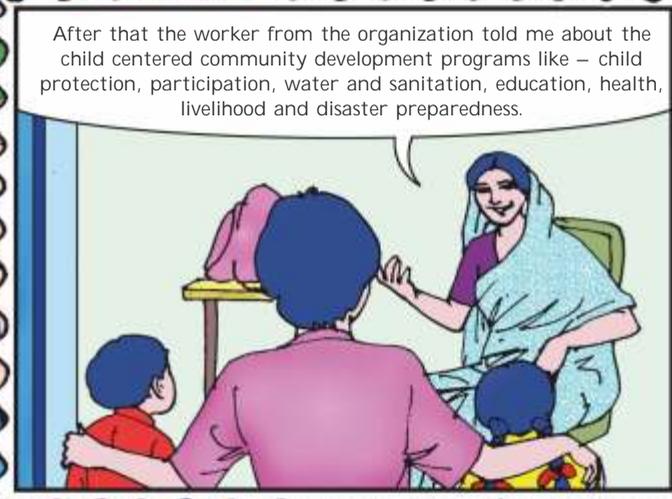
Ohh good.....this program is very unique
and important.



My dear....she is Sudha and she want to join
the organisation's work

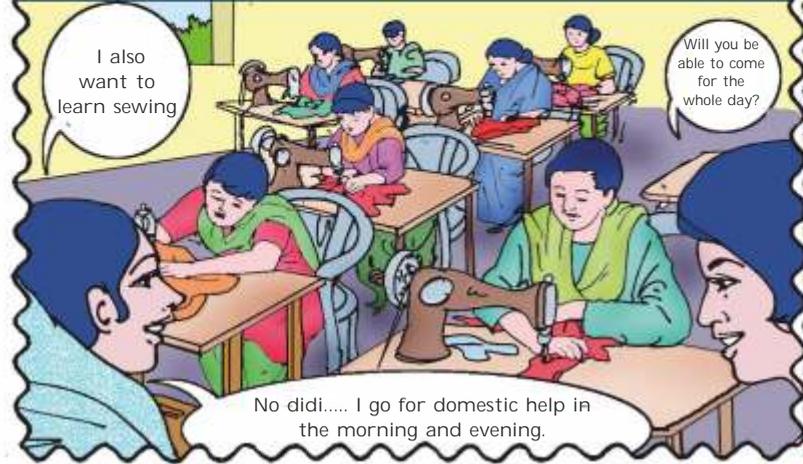
Welcome
in
Organization
Sudha..

Thanks, Didi



After that the worker from the organization told me about the
child centered community development programs like – child
protection, participation, water and sanitation, education, health,
livelihood and disaster preparedness.

We, after the meeting, visited the sewing center. I saw suits of
latest and different designs and I liked it a lot.
I also thought of learning sewing and shared it with the center Didi



I also
want to
learn sewing

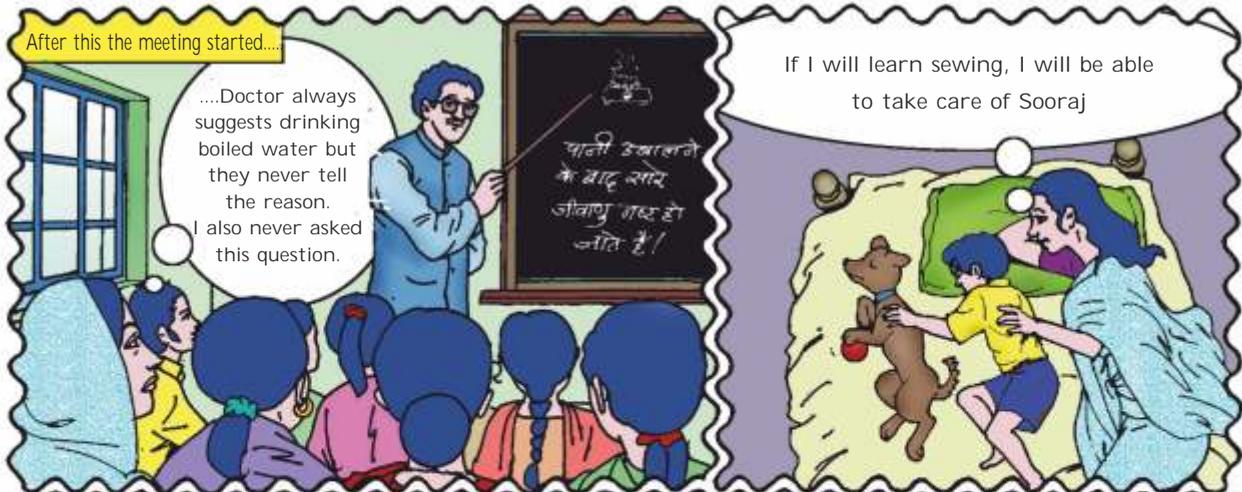
Will you be
able to come
for the
whole day?

No didi.... I go for domestic help in
the morning and evening.



Then.....will you be able to come for
one or two hours

Yes didi



After this the meeting started....

....Doctor always suggests drinking boiled water but they never tell the reason. I also never asked this question.

If I will learn sewing, I will be able to take care of Sooraj

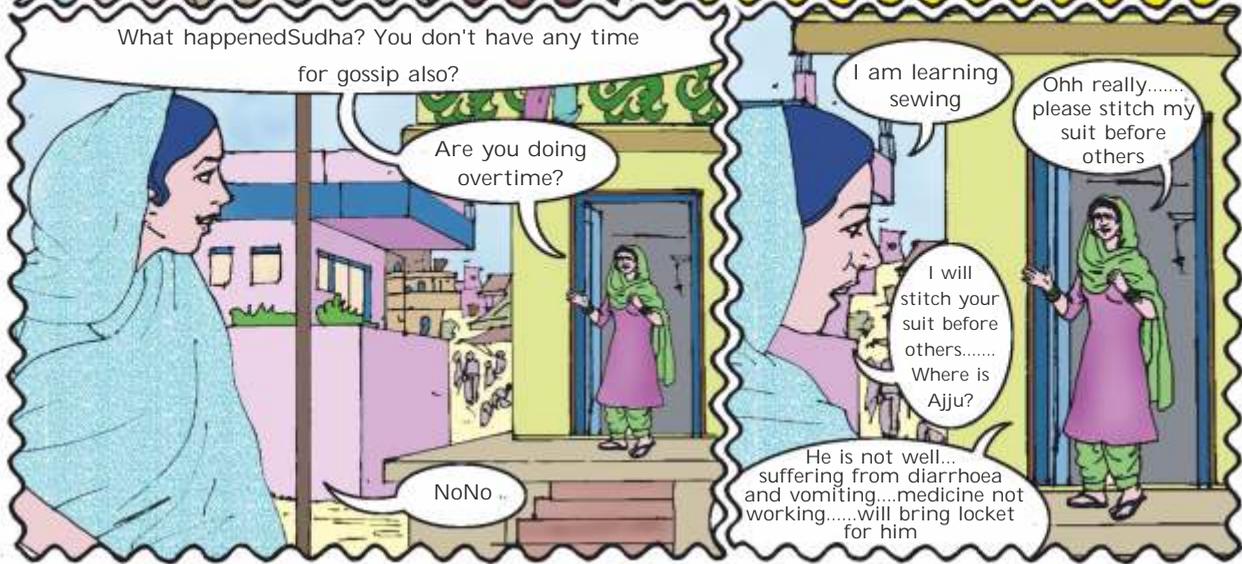


I was not aware of the importance of washing hands. Sumaiya and Vasundhra were also not aware of it

Madam, I have finished my work, now I am leaving

Ok

After work i always attended sewing classes



What happened Sudha? You don't have any time for gossip also?

Are you doing overtime?

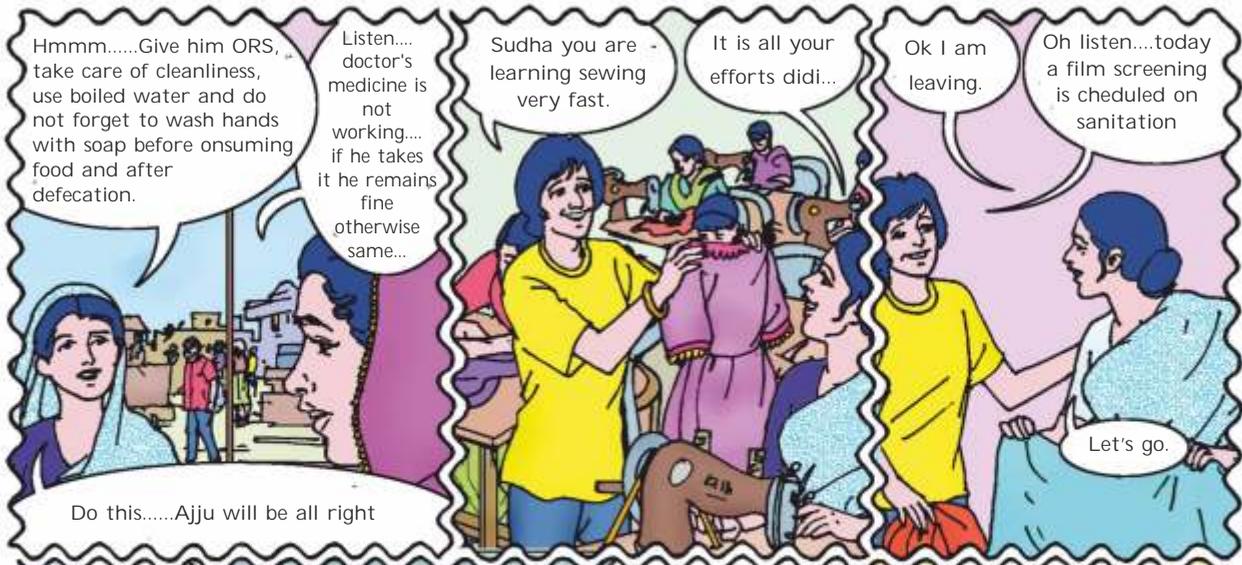
NoNo ..

I am learning sewing

Ohh really..... please stitch my suit before others

I will stitch your suit before others..... Where is Aju?

He is not well... suffering from diarrhoea and vomiting....medicine not working.....will bring locket for him



Hmmm.....Give him ORS, take care of cleanliness, use boiled water and do not forget to wash hands with soap before onsuming food and after defecation.

Listen.... doctor's medicine is not working.... if he takes it he remains fine otherwise same...

Sudha you are - learning sewing very fast.

It is all your efforts didi...

OK I am leaving.

Oh listen....today a film screening is cheduled on sanitation

Do this.....Ajuu will be all right

Let's go.



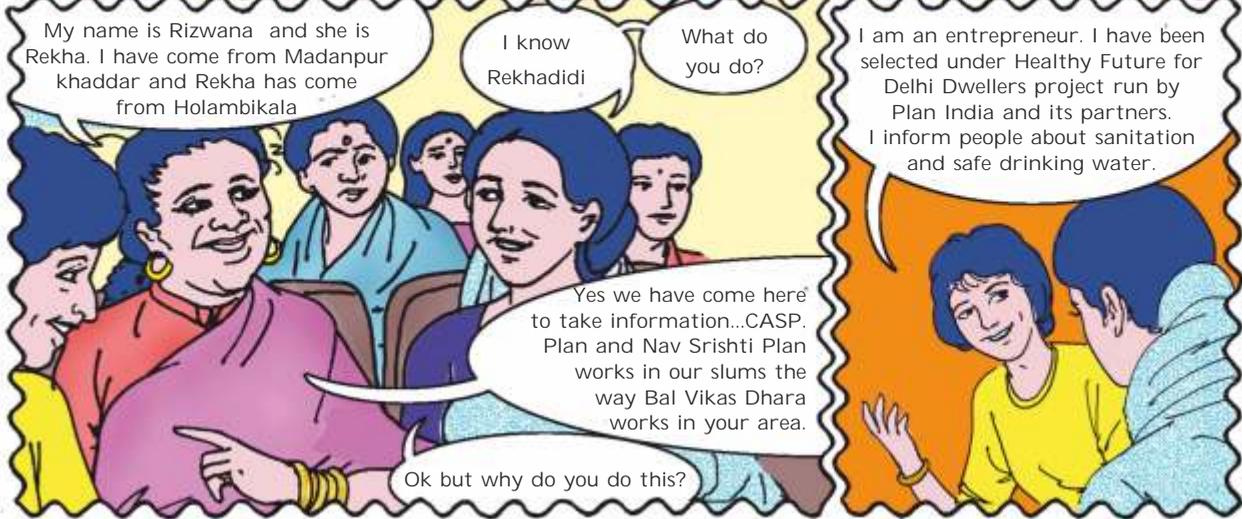
Oh God, at least give us clean water



God has given us clean water but we have contaminated it.

My name is Sudha..... and yours?

What is your name?



My name is Rizwana and she is Rekha. I have come from Madanpur khaddar and Rekha has come from Holambikala

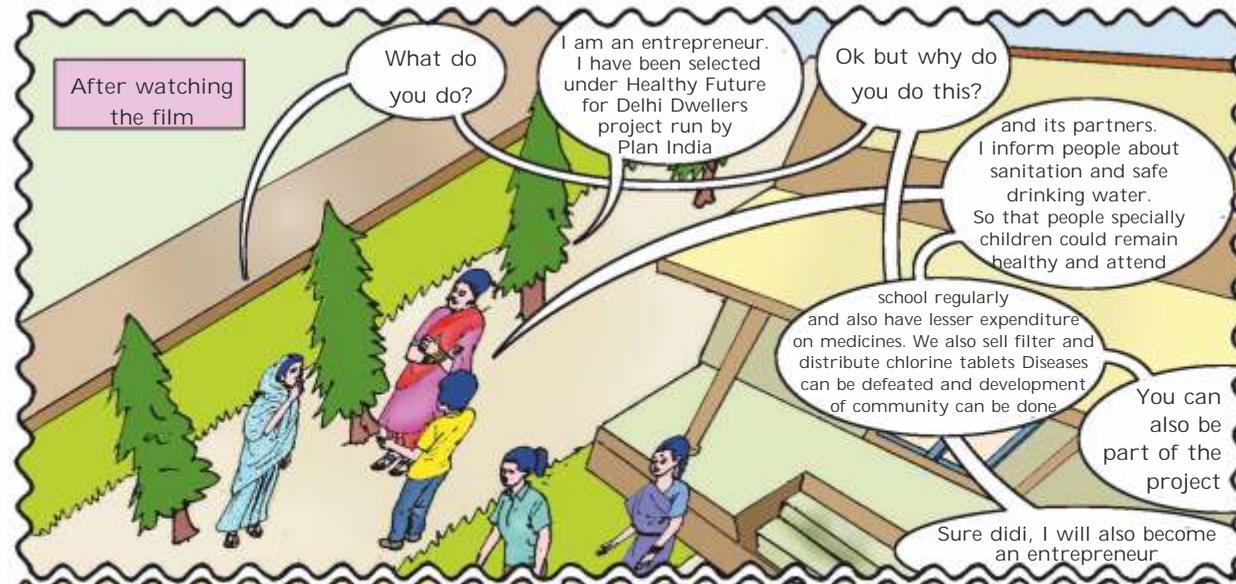
I know Rekhadidi

What do you do?

I am an entrepreneur. I have been selected under Healthy Future for Delhi Dwellers project run by Plan India and its partners. I inform people about sanitation and safe drinking water.

Yes we have come here to take information...CASP. Plan and Nav Srishti Plan works in our slums the way Bal Vikas Dhara works in your area.

Ok but why do you do this?



After watching the film

What do you do?

I am an entrepreneur. I have been selected under Healthy Future for Delhi Dwellers project run by Plan India

Ok but why do you do this?

and its partners. I inform people about sanitation and safe drinking water. So that people specially children could remain healthy and attend

school regularly and also have lesser expenditure on medicines. We also sell filter and distribute chlorine tablets Diseases can be defeated and development of community can be done

You can also be part of the project

Sure didi, I will also become an entrepreneur



Next day

Madam, I have finished my work madam now I am leaving

Where will you go now?

Will go for sewing classes

Wow.. please stitch my some clothes

Of course madam, I will stitch it. Please give it to me...

Rekha and Rizwana are very good ladies, they come from too far only for create awareness among the people.



Madam I have stitched the clothes

You have stitched it very nicely, you have a fair hand

Please take the money for it

No No madam

Please take it



Arey Sumaiya, how is Aju?

He is absolutely fine now. I have heard that you stitch clothes very nicely.

I know...take the cloth and please stitch it. I will wear it on Eid

It is a rumour



Have you washed hands with soap?

You naughty boy...go and wash it with soap

Maa soap is very costly

Yes Maa I have washed it with soap

And medicines are costlier then soap



Sudha you have stiched my clothes very nicely. It looks like you are an old experienced tailor. Vasundhra will also come and give you her clothes for stitching...

Here is your money



Next day

Let's start the meeting...

Didi, I also want to be part the Healthy Future project

And then I became part of Healthy Future Project and started participating in training program of the project. From there I got the information - How water is contaminated? Open defecation, garbage heaps, leakage in pipe lines, uncovered water containers, using unclean hands and utensils to pour and store water etc leads to contamination of water.



DISEASES -
Diarrhoea, cholera, typhoid, polio etc

EXPENDITURE ON DISEASES -
Rs 1000 to 2000 and time spent

SOLUTION -
Usage of toilets, hand wash with soap before eating and after defecation, using filtered or boiled water or usage of chlorine tablets to clean water

OUR RESPONSIBILITY -
Our responsibility is to provide information to larger masses

How are you Rekhadidi

I am fine. You have also joined the program. It is very good. How is your tailoring -work going on?

Didi...now I earn from selling filters and sewing clothes and also take out some time for attending awareness activities organized by Bal VikasDhara - Plan.

Didi, it is going on very good. Now I have left doing domestic work in nearby colony

Oh good... but how do you manage your household expenses?

Hmmm..... Creating community awareness amongst about safe drinking water and its management and motivating them to use any technique to clean water

Yes didi, now I provide information to people about safe drinking water and also earns money by being an entrepreneur in the project. I wish that no child in our area should suffer or die from diarrhoea, cholera, typhoid etc.

These are the key objectives of the Healthy Future Project and also our prime responsibility.

My dear sisters, cleanliness is very important, and please do not unclean your environment near your households

Use toilet and wash hands after defecation





And yes, the most important issue is always use safe drinking water

From where will we get safe water?

How can we clean water?

Sister, you can boil water or put chlorine tablets in water at your home

But the gas cylinder and kerosene oil are already very expensive

Sister, you can also use water filter for safe drinking water

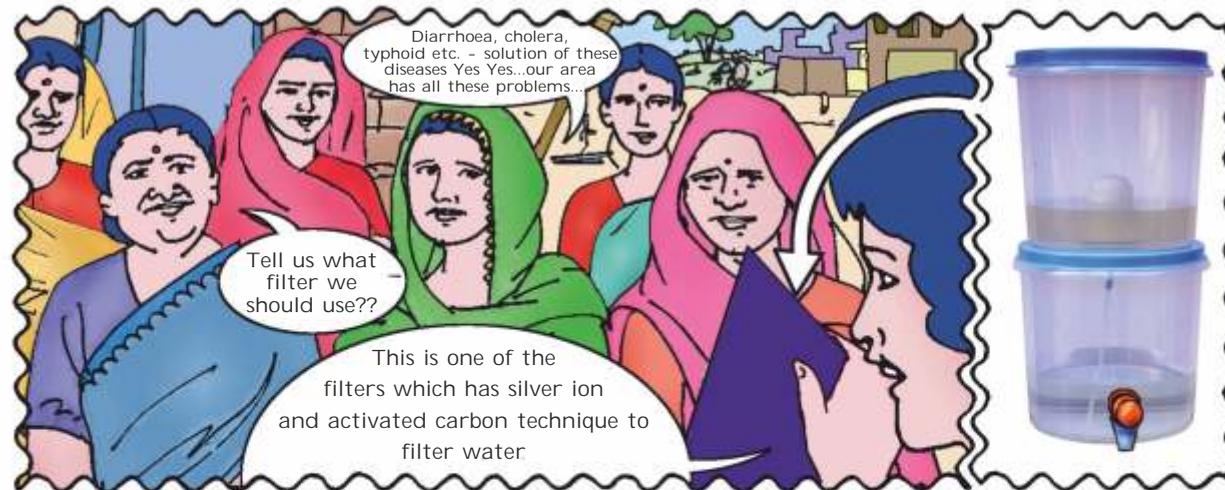
Filters are also very expensive

Dear all, a variety of water filter are available in market according to your resources and need

It is better to get your water tested in laboratory then only choose your water filter. For example, if the water has biological contamination, microorganisms or silt always use Gravity filters

What is benefit from this?

Diarrhoea, cholera, typhoid etc. - solution of these diseases
Yes Yes...our area has all these problems.....



And Like this our journey as entrepreneur group and my work as tailor moved ahead. So children... I am neither a doctor nor a teacher, whatever have learnt I learned it with the help of the organization. I now disseminate that knowledge to other people so that we all can be part of the development process So children... I am neither a doctor nor a teacher, whatever I have learnt I learned it with the help of the organization. I now disseminate that knowledge to other people so that we all can be part of the development process



So this was the story of Sudha. After lots of efforts she reached her goal. The community also benefited by her efforts so as she.....Like Sudha, there are a number of women who are spreading the messages of safe drinking waterYou also should support them.... You can do the following to help them and to help yourselves.....



1. Do NOT forget to wash hands with soap during critical times like before eating and after defecation
2. Drink water after boiling or chlorination or filtration
3. Keep your home and neighbourhood clean and make sure the proper drainage of water
4. Do not defecate in open, use toilets
5. Ensure the participation of children and women